

MY BEANIE HAT

I adore hats, they are especially good for covering dirty hair, so I felt it was only right to design my own this season. I did a kind of beanie-come-casta hat in fun colours and all my friends have ordered them.



JUICE FROM FRESH & WILD

I can't get by without a juice from the organic place Fresh & Wild. My regular is one called Red On, a blend of strawberry, banana and rice dream.



My stylish life: Sara Berman

By Kelly Gilson

MY SISTER AMIEE

My sister Amiee, right, is like my twin, even though she's younger than me. We often unknowingly dress the same and can finish each other's sentences. We speak at least three times a day; she is my confidante and my inspiration.

The boho set's favourite designer, famed for her vintage-style tops and quirky bags, talks us through her passions – from Ibiza dining in summer to playing Scrabble in winter



VASELINE

Vaseline is the coolest thing. I love the retro metal pots it comes in. I smooth it everywhere – lips, lips, cheeks, but best of all, it is the perfect thing to keep my wayward eyebrows in place!

ORIGINAL 'DR NO' CINEMA POSTER

I was once given a present wrapped in some unusual paper. As soon as I realised the paper was actually an original Seventies Dr No cinema poster, I abandoned the present and quickly found a frame for my bonus gift. It now has pride of place in my workshop.





READING

When the day gets hard, I find the best solution is to delve into a book for a few hours. I am currently reading

The Fountainhead by Ayn Rand. A friend recommended it. It is amazingly inspirational and has made me ask some important questions about myself.



PLAYING SCRABBLE

I love snuggling up next to an open fire and playing board games. I am the Scrabble queen, and am terribly square about playing by the rules.



MY AMY MORRIS BAG

Forget shoes, I'm a bag girl. I have many but my most adored one is a delicious Amy Morris large leather sack that I begged from her when I heard they'd sold out in the shops.

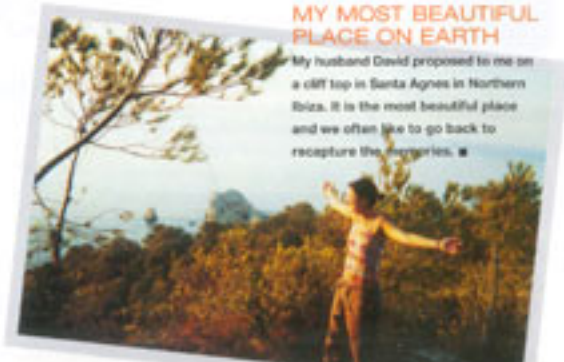
MY ANTIQUE BUTTON COLLECTION

I have an antique button collection that I like to look through. They are like snippets of history. My current faves are blue and green tuxedo-shaped ones from the Seventies that look like sweets, which I found in these Japanese dressmaking shops in Kyoto.



MY MOST BEAUTIFUL PLACE ON EARTH

My husband David proposed to me on a cliff top in Santa Agnes in Northern Belize. It is the most beautiful place and we often like to go back to recapture the memories. ■



PHOTOGRAPHS BY PETER SANDERSON